

2019-20 SCHOOL LUNCH MENU



Wendy

**1% White or Fat Free Chocolate Milk or Non-Dairy Milk
Water available at all meals**



Menus Are Subject To Change

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
Sept 3	Labor Day	Fajita Chicken and Rice Peas Mixed Greens Salad Pears Milk	Cheese Pizza with Whole Wheat Crust Green Beans Mixed Greens Salad Applesauce Milk	Macaroni and Cheese with Stewed Tomatoes Mixed Greens Salad Peaches Milk	Grilled Cheese Sandwich Tomato Soup Green and Wax Beans Mixed Greens Salad Pears Milk
Sept 9	Waffles Sausage or Ham Sweet Potatoes Green and Wax Beans Mixed Fruit Milk	Hamburger or Cheeseburger on a Bun French Fries Corn or Peas Mixed Greens Salad Applesauce Milk	Cheese Pizza with Whole Wheat Crust Green Beans Mixed Greens Salad Peaches Milk	Goulash Green Beans Mixed Greens Salad Mandarin Oranges Milk	Scrambled Eggs with Peppers and Onions Sausage or Ham Potato Mixed Fruit Milk
Sept 16	Sunflower Butter and Jelly Chicken Soup Mixed Greens Salad Applesauce Milk	Sloppy Joes on a Bun Buttered Noodles Wax Beans Mixed Greens Salad Mandarin Oranges Milk	Cheese Pizza with Whole Wheat Crust Green Beans Mixed Greens Salad Mixed Fruit Milk	Chicken Noodle Casserole Peas and Carrots Mixed Greens Salad Peaches Milk	Grilled Cheese Sandwich Tomato Soup Green and Wax Beans Mixed Greens Salad Pears Milk
Sept 26	Pancakes Sausage or Ham Home Fries Green Beans Mandarin Oranges	Hamburger or Cheeseburger on a Bun French Fries Corn or Peas Mixed Greens Salad Applesauce Milk	Cheese Pizza with Whole Wheat Crust Green Beans Mixed Greens Salad Pears Milk	Spaghetti with Meat Sauce Broccoli Mixed Greens Salad Peaches Milk	Egg Salad or Sunflower Butter and Jelly Chicken Soup Mixed Greens Salad Mixed Fruit Milk

Daily Option: Sunflower/Jelly (100% PEANUT FREE) or a cheese sandwich, plus milk and the veggies and fruit of the day.